

Abercrombie Academy: January 2016

As Prepared by The Healthy Lunch Box (281)444-8444

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
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4	5 L: Corn Dogs, Baby Carrots/Cucumbers, Ranch Dressing, Sliced Apples, Beverage	6 L: Beef Tacos, Lettuce/Cheese, Pinto Beans, Mexican Rice, Sliced Watermelon, Beverage	7 L: Curly Pasta, Diced Chicken, Creamy Chicken Sauce, Leafy Garden Salad w/Ranch Dressing, Cantaloupe, Beverage	8 L: Cheese Pizza, Leafy Garden Salad w/Ranch Dressing, Dessert, Beverage																																																																																																		
11 L: Beef Slider Burger, Cheddar Cheese, Must./Ketchup, Baked Waffle Fries, Sliced Oranges, Beverage	12 L: Chicken & Rice, Green Beans, Leafy Garden Salad w/Italian Dressing, Sliced Apples, Beverage	13 L: Tender Roast Beef in Gravy, Mashed Potatoes, English Peas, Roll, Beverage	14 L: Spaghetti w/Meatsauce, Green Beans, Garlic Bread, Cantaloupe, Beverage	15 L: Cheese Pizza, Leafy Garden Salad w/Ranch Dressing, Dessert, Beverage																																																																																																		
18	19 L: Soft Chicken Taco, Lettuce/Cheese, Pinto Beans, Mexican Rice, Apple Slices, Beverage	20 L: Nacho w/Queso, Beef, Diced Tomatoes, Pinto Beans, Sliced Watermelon, Beverage	21 L: Chicken Strips, Gravy, Mashed Potatoes, Green Beans, Wheat Roll, Beverage	22 L: Cheese Pizza, Leafy Garden Salad w/Ranch Dressing, Dessert, Beverage																																																																																																		
25 L: Chicken Nuggets, Ketchup, Rice, Gravy, Sweet Carrots Sliced Oranges, Beverage	26 L: Curly Pasta w/Meatballs, Marinara Sauce, Leafy Garden Salad w/Ranch Dressing, Cantaloupe, Beverage	27 L: Grilled Chicken Strips, Mac & Cheese, Green Beans, Sliced Apples, Beverage	28 L: Breakfast for Lunch! Pancakes, Syrup, Scrambled Eggs, Turkey Sausage, Banana, Beverage	29 L: Cheese Pizza, Leafy Garden Salad w/Ranch Dressing, Dessert, Beverage																																																																																																		