

Northland ChristianPreschool (code:440) November 2021

As Prepared by The Healthy Lunch Box (281)444-8444

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
<p>1</p>	<p>2</p> <p>L: Crispy Beef Tacos, Salsa, Pinto Beans, Mexican Rice, Sliced Oranges, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Chicken Nuggets w/Fresh Veggies</p>	<p>3</p> <p>L: Cheesy Baked Rigatoni Pasta, Garlic Bread, Corn Niblets, Diced Melon, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Cheeseburger w/Baked Chips</p>	<p>4</p> <p>L: Korean Ground Beef, Blended Rice, Stir Fried Cabbage, Carrots & Sprouts, Fresh Banana, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Beef Hot Dogs w/Baked Chips</p>	<p>5</p> <p>L: Cheese Pizza, Garden Salad, Ranch Dressing, Cookie, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Grilled Chicken Wrap w/Ranch & Baked Chips</p>																																																																																																		
<p>8</p> <p>L: Sloppy Joe w/Bun, Whole Kernel Corn, Sugar Snap Peas, Fresh Apple Slices, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Baked Potato & Salad</p>	<p>9</p> <p>L: Orange Chicken & Rice, Stir Fry-Broccoli & Carrots, Sliced Oranges, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Chicken Nuggets w/Fresh Veggies</p>	<p>10</p> <p>Breakfast for Lunch! Pancakes, Syrup, Turkey Sausage, Scrambled Eggs, Diced Melons, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Cheeseburger w/Baked Chips</p>	<p>11</p> <p>L: Oven Fried Chicken Drumstick, Navy Beans, Green Beans, Bread Slice, Fresh Banana, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Beef Hot Dogs w/Baked Chips</p>	<p>12</p> <p>L: Cheese Pizza, Garden Salad, Ranch Dressing, Cookie, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Grilled Chicken Wrap w/Ranch & Baked Chips</p>																																																																																																		
<p>15</p> <p>L: Nacho Taco Salad w/Ground Beef, Black Beans, Fresh Apple Slices, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Baked Potato & Salad</p>	<p>16</p> <p>Creamy Lemon Parmesan Chicken, Pasta, Squash Duol, Sliced Oranges, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Chicken Nuggets w/Fresh Veggies</p>	<p>17</p> <p>BBQ Chicken on a Bun, Potato Salad, Vegetarian Baked Beans, Diced Melon, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Cheeseburger w/Baked Chips</p>	<p>18</p> <p>L: Teriyaki Chicken w/Rice, Stir Fried Vegetables, Diced Carrots, Fresh Banana, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Beef Hot Dogs w/Baked Chips</p>	<p>19</p> <p>L: Cheese Pizza, Garden Salad, Ranch Dressing, Cookie, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Grilled Chicken Wrap w/Ranch & Baked Chips</p>																																																																																																		
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<p>29</p> <p>L: Cheeseburger w/Mustard-Ketchup Pkts., Dill Pickles, Baked Chips, Fresh Apple Slices, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Baked Potato & Salad</p>	<p>30</p> <p>L: Crispy Beef Tacos, Salsa, Pinto Beans, Mexican Rice, Sliced Oranges, Beverage</p> <p>or Today's Alternate Lunches w/Beverage & Fruit: Turkey & Cheese Hoagie w/Baked Chips OR Chicken Nuggets w/Fresh Veggies</p>	<table border="1"> <thead> <tr> <th colspan="7">Oct 2021</th> <th colspan="7">Dec 2021</th> </tr> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> <td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> <td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> <td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td> </tr> </tbody> </table>			Oct 2021							Dec 2021							M	T	W	T	F	S	S	M	T	W	T	F	S	S					1	2	3			1	2	3	4	5	4	5	6	7	8	9	10	6	7	8	9	10	11	12	11	12	13	14	15	16	17	13	14	15	16	17	18	19	18	19	20	21	22	23	24	20	21	22	23	24	25	26	25	26	27	28	29	30	31	27	28	29	30	31		
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