

# The Honor Roll School (code:7888) November 2021

As Prepared by The Healthy Lunch Box (281)444-8444

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
<p><b>1</b></p> <p>L: Cheeseburger w/Mustard-Ketchup Pkts., Dill Pickles, Baked Chips, Fresh Apple Slices, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Baked Potato &amp; Salad</p>	<p><b>2</b></p> <p>L: Crispy Beef Tacos, Salsa, Pinto Beans, Mexican Rice, Sliced Oranges, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Buffalo(SPICY) Nuggets w/Fresh Veggies</p>	<p><b>3</b></p> <p>L: Cheesy Baked Rigatoni Pasta, Garlic Bread, Corn Niblets, Diced Melon, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Cheeseburger w/Baked Chips</p>	<p><b>4</b></p> <p>L: Korean Ground Beef, Blended Rice, Stir Fried Cabbage, Carrots &amp; Sprouts, Fresh Banana, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Beef Hot Dogs w/Baked Chips</p>	<p><b>5</b></p> <p>L: Corn Dogs(chicken), Ketchup Pkts., French Fries, Green Beans Mixed Fruit, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Grilled Chicken Wrap w/Ranch &amp; Baked Chips</p>																																																																																																		
<p><b>8</b></p> <p>L: Sloppy Joe w/Bun, Whole Kernel Corn, Sugar Snap Peas, Fresh Apple Slices, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Baked Potato &amp; Salad</p>	<p><b>9</b></p> <p>L: Orange Chicken &amp; Rice, Stir Fry-Broccoli &amp; Carrots, Sliced Oranges, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Buffalo(SPICY) Nuggets w/Fresh Veggies</p>	<p><b>10</b></p> <p>Breakfast for Lunch! Pancakes, Syrup, Turkey Sausage, Scrambled Eggs, Diced Melons, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Cheeseburger w/Baked Chips</p>	<p><b>11</b></p> <p>L: Oven Fried Chicken Drumstick, Navy Beans, Green Beans, Bread Slice, Fresh Banana, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Beef Hot Dogs w/Baked Chips</p>	<p><b>12</b></p> <p>L: Cheese Pizza, Garden Salad, Ranch Dressing, Cookie, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Grilled Chicken Wrap w/Ranch &amp; Baked Chips</p>																																																																																																		
<p><b>15</b></p> <p>L: Nacho Taco Salad w/Ground Beef, Black Beans, Fresh Apple Slices, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Baked Potato &amp; Salad</p>	<p><b>16</b></p> <p>Creamy Lemon Parmesan Chicken, Pasta, Squash Duo!, Sliced Oranges, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Buffalo(SPICY) Nuggets w/Fresh Veggies</p>	<p><b>17</b></p> <p>BBQ Chicken on a Bun, Potato Salad, Vegetarian Baked Beans, Diced Melon, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Cheeseburger w/Baked Chips</p>	<p><b>18</b></p> <p>L: Teriyaki Chicken w/Rice, Stir Fried Vegetables, Diced Carrots, Fresh Banana, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Beef Hot Dogs w/Baked Chips</p>	<p><b>19</b></p> <p>L: Spaghetti &amp; Meatballs w/Sauce, Iceberg &amp; Celery Salad w/Italian Dressing, Mixed Fruit, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Grilled Chicken Wrap w/Ranch &amp; Baked Chips</p>																																																																																																		
<p><b>22</b></p> <p>L: All beef hot dogs w/Bun, Chili(on side) Ketchup/Mustard Pkts., Tater Tots, Fresh Apple Slices, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Baked Potato &amp; Salad</p>	<p><b>23</b></p> <p>L: Chicken Fajita Stir Fry w/ Tortilla, Refried Beans, Mexican Rice, Sliced Oranges, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Buffalo(SPICY) Nuggets w/Fresh Veggies</p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>																																																																																																		
<p><b>29</b></p> <p>L: Cheeseburger w/Mustard-Ketchup Pkts., Dill Pickles, Baked Chips, Fresh Apple Slices, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Baked Potato &amp; Salad</p>	<p><b>30</b></p> <p>L: Crispy Beef Tacos, Salsa, Pinto Beans, Mexican Rice, Sliced Oranges, Beverage</p> <p>or Today's Alternate Lunches w/Beverage &amp; Fruit: Turkey &amp; Cheese Hoagie w/Baked Chips OR Buffalo(SPICY) Nuggets w/Fresh Veggies</p>	<table border="1"> <thead> <tr> <th colspan="7">Oct 2021</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th colspan="7">Dec 2021</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> <td></td> </tr> </tbody> </table>			Oct 2021							M	T	W	T	F	S	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Dec 2021							M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
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